

PRAY FIRST

Kids Prayer Guide



What is
Prayer?

Prayer Works

Prayer connects you to God and his heart. When you pray, God hears you, listens and even speaks back. He comforts you, guides you and gives you wisdom.

If you ever feel like something is missing in your life, it's probably a connection problem: you are disconnected from God and too connected to the world.

Learning to pray is really easy and over the next 7 days you're going to learn how having a daily talk with God will help you experience His presence and change your life.

Once you learn how to pray, prayer can become a part of everyday life:

Before the day begins —

Before you go to bed —

Before you go to work or school —

Before you hang out with your friends —

Before you go to practice or have a big game —

Before bad things happen —

Before you eat, get in the car, or travel —

In every situation — PRAY FIRST!

“If My people, who are called by My name, will humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.”

2 Chronicles 7:14

Pastor Joey Adkins
Wellspring Community Church

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed."

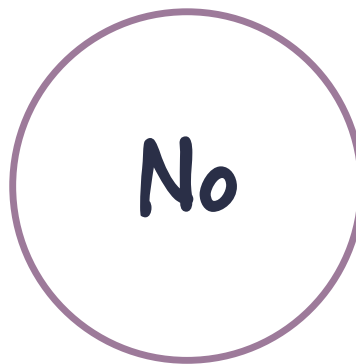
Mark 1:35

What we can learn from Jesus:

- ✓ He prayed consistently
- ✓ He prayed to connect with His father
- ✓ He prayed with a plan

Did you talk to Jesus today?

Color in your answer!



When will your prayer time be?

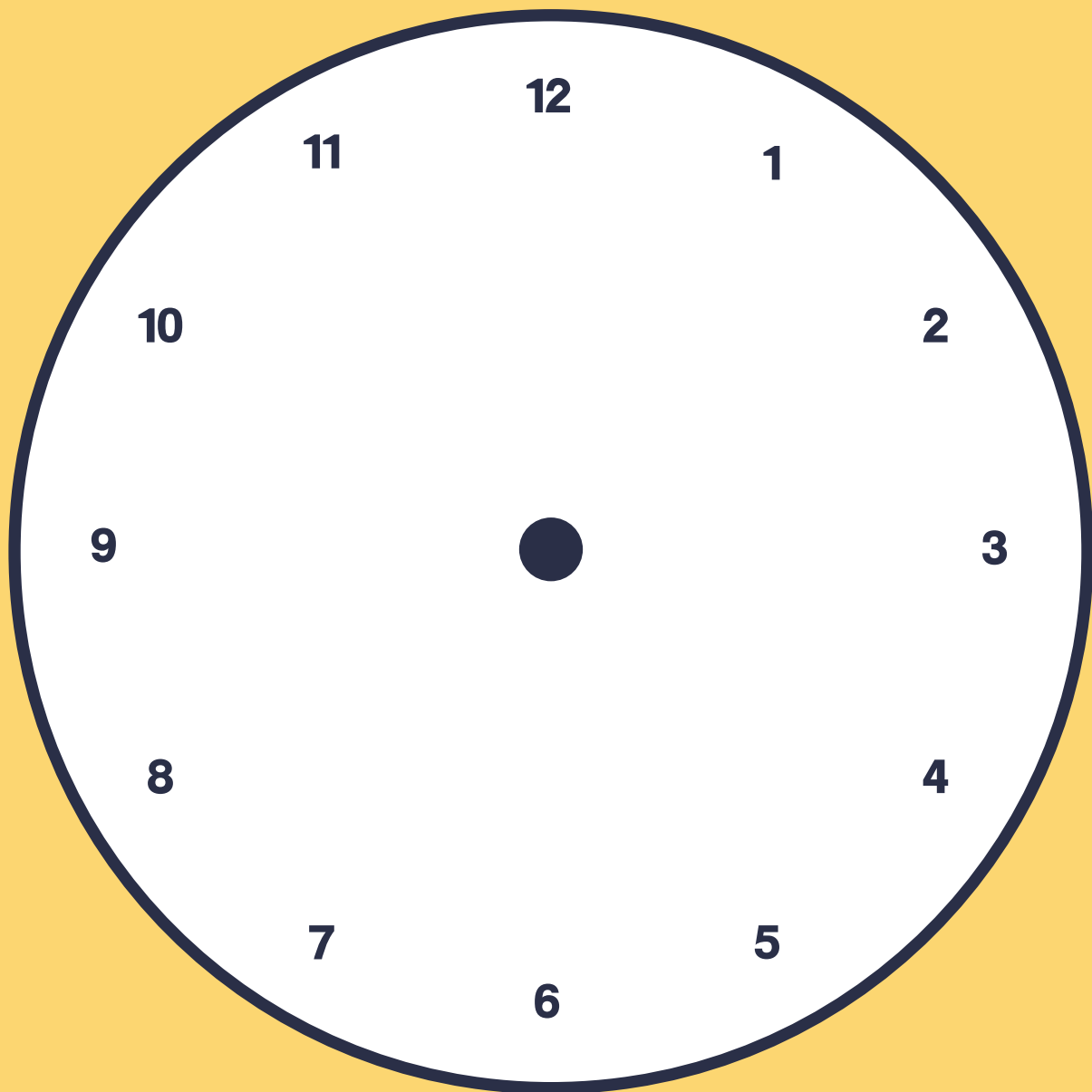
Use a pencil to circle your answer or answers!

When I
wake up

In the
afternoon

Before I go
to sleep

**Use a pencil & fill in the
time you prayed today!**

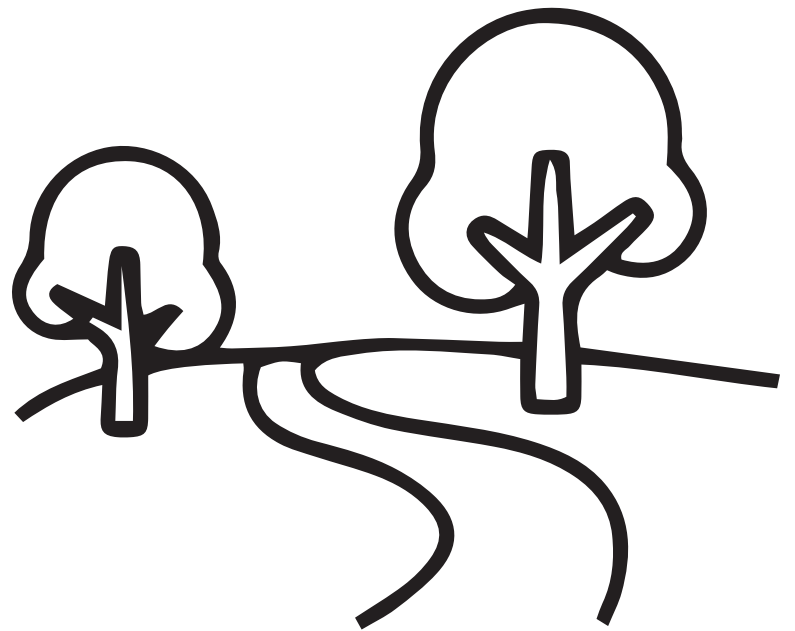


What is something you can pray for today?

Draw a picture of someone or something you can pray for today!



Color in the place below where you like to pray to Jesus.



Day 1

The Lord's Prayer

"Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen."

MATTHEW 6:9-13

Match who He is with what He can do!

Healer	God is on my side & will fight for me.
Friend	He brings me peace no matter what I go through.
Peace	Jesus loves me the most.
Forgiveness	God is in charge & wants the best for me.
Love	He forgives me for anything I have done & will do.
Hope	I will choose joy because God is my joy.
Joy	He is always with me.
King	God heals all our diseases.
Protector	He is my hope for every situation.

The best thing we could ever want is what God wants

He will take care of everything we need! List below and pray through the things God wants for the world.

What are you trusting God for?

List them below.

I am
forgiven.
I can
forgive.

Ask Jesus to look inside your heart:

- 1. What do you need to ask forgiveness for?*
- 2. What do you need to forgive someone for?*

God's Word is Truth!

*Replace the lies you may have heard
with what God says is true.*

LIES I HAVE HEARD

"I am mean."

"I am ugly."

"I don't have friends."

"If I lie, I won't get
into trouble."

"If I do what's wrong,
I'll fit in."

WHAT GOD SAYS IS TRUE

**I can be a
friend like Jesus.**

**I am fearfully and
wonderfully made.**

**Jesus loves me
and I am never alone.**

**I can tell the truth
and not be afraid**

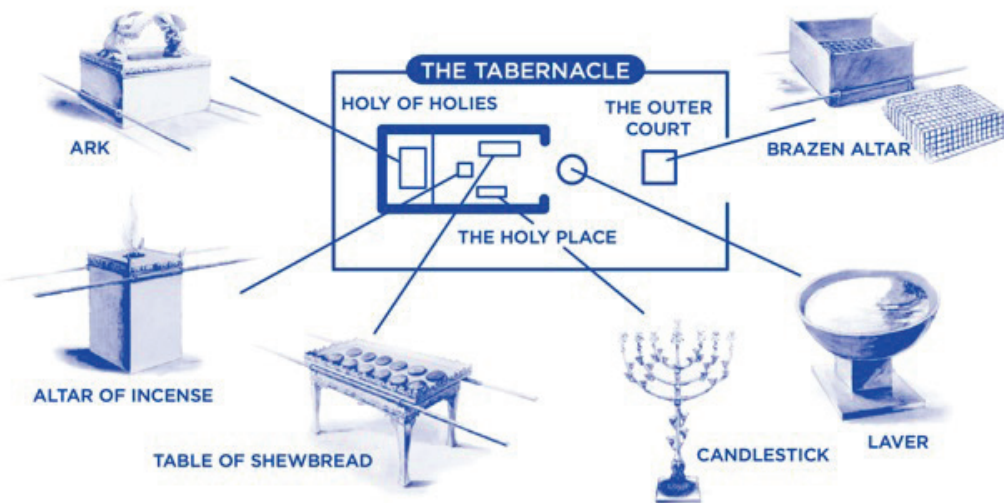
**My identity comes
from Jesus**

Day 2

The Tabernacle Prayer

Since the beginning, God always wanted to be with us.

In the Old Testament, God told Moses to build a place called the Tabernacle. The Tabernacle was where God lived here on earth. It's where He would meet His people, and where they could worship Him. As the people entered the Tabernacle, they followed God's instructions by passing through seven stations to experience His presence. Today, even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him. Each station of the Tabernacle can be used to guide our prayers.



Spend time thinking about the blessings in your life and the amazing things God has given you that you're thankful for!

Write a Prayer

Thank God for sending Jesus to die for our sins so that we don't have to! Confess and tell Him our sins and receive complete forgiveness and a fresh start. Thank God for coming to live inside of you through the Holy Spirit.

A large white rounded rectangle with a teal border, intended for writing a prayer.

Day 3

Tell Jesus how great He is!

Fill in the blanks and add your own praise and worship as you talk to Jesus about how great He is!

Hi Jesus

I love you so much!

Thank you for _____.

(PSALM 100:4; 118:24)

I love that you created _____.

When I'm outside, I notice _____
in your beautiful creation!

God, You made me. Thank you for my ability to

_____, (MARK 12:30)

You love me for who I am, no matter what.

Thank you for being my God and my Friend.

I love you!

In Jesus' name, amen.

Day 4

Give thanks every day.

Having a thankful heart is something that Jesus loves.

Hi Jesus!

I am so thankful for You and all that You have given me.

Today, I thank You for my family!

I pray that for my family You would _____.

I thank You that I get to wake up and have a new day!

I pray today for _____.

Thank you for the food I get to eat, the clothes I get to wear, and the house I get to live in.

Thank you for _____.

Thank You for dying for me and saving me.

Help me be more like You, Jesus.

I am so thankful for You! I love You! (Psalm 96:1-2)

In Jesus' name, amen.

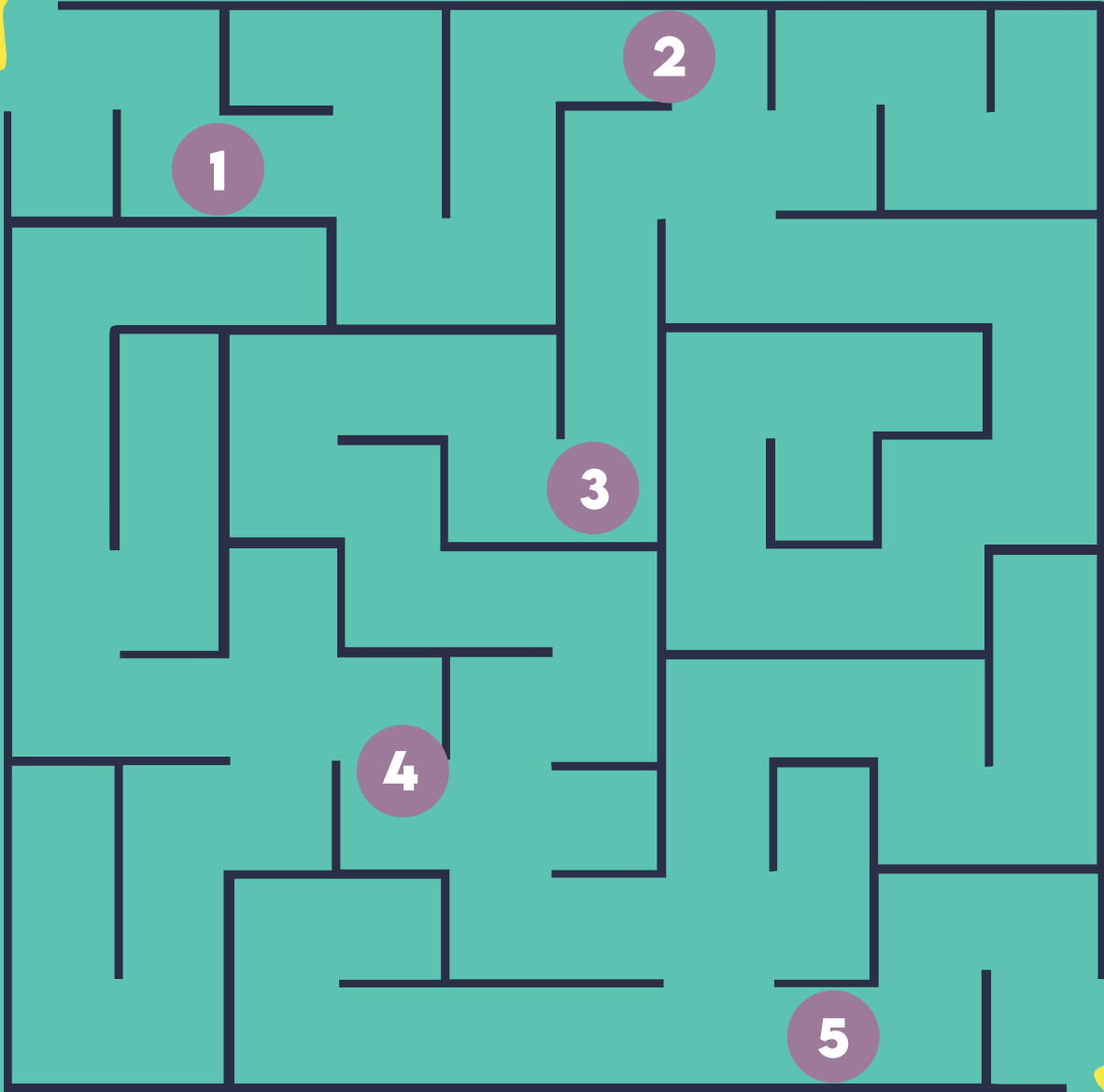
Day 5

Ask God to Lead You Every Day

Have you ever been lost and not know where you were going? It's not a fun feeling.

Follow the numbers 1-5 and complete the maze on the following page as you ask Jesus to lead you today.

1. Thank You, Jesus, for the plan You have for me!
2. Today I choose Your plan for my life, because I know it's the best plan there is!
3. Lead me. Give me words to say. Help me think good thoughts.
4. Help me to be kind to people, be wise, and make good choices.
5. Jesus, please make me more like You every day.
In Jesus' name, amen.



Day 6

Believe that God can do it!

*Color a picture of something
you are believing God for.*

Color a picture of an
answered prayer!



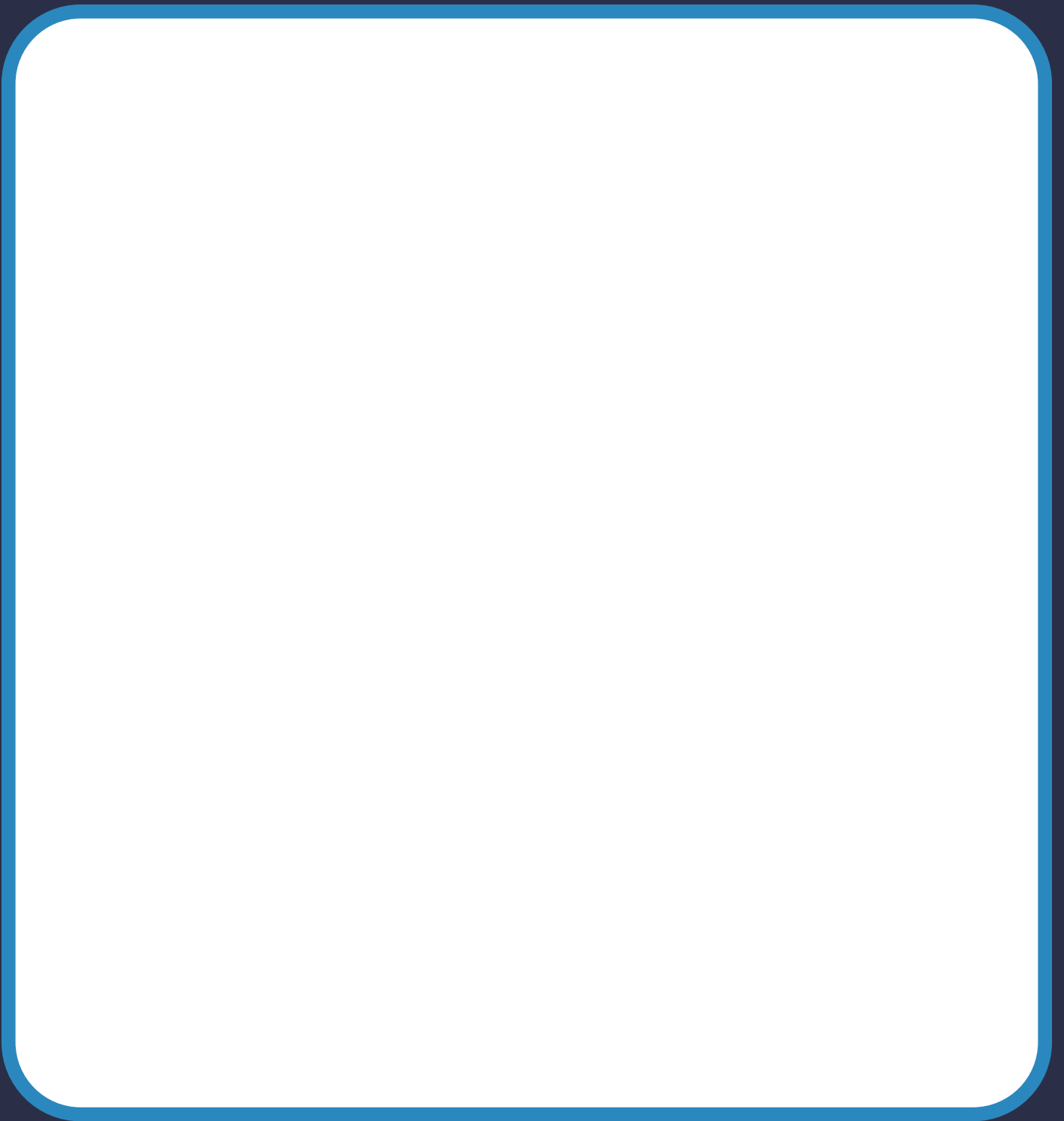
Day 7

God is all that you need

Psalm 23

"1 The Lord is my shepherd; I shall not want. 2 He makes me lie down in green pastures. He leads me beside still waters. 3 He restores my soul. He leads me in paths of righteousness for his name's sake. 4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. 6 Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever."

Draw a picture of who you need God to be in your life right now & pray. Thank him that he is all that you need, at all times.



Color in this picture of Jesus with His sheep and be reminded that He is your good shepherd & He will always be by your side!



**FOR YOURS
IS THE
KINGDOM
AND THE
POWER AND
THE GLORY
FOREVER.**

MATTHEW 6:13

**Congratulations! You just completed
7 straight days of talking to God!**

How did you feel?

**What has God done in your life the
past 7 days?**

How has your perspective changed?

**God loves you and wants to be in relationship
with you every day, not just for 7 days.**

**Imagine how close you could get with God
and how much peace you could have in your
life, if you began to pray daily.**

**Parents, on the next page, we have listed
some of our favorite Resources to help you
lead your kids in building spiritually healthy
habits of prayer and being in God's Word.**

Keep praying!

Prayer Resources

Wellspring Bible Reading Plan


wellspringfl.com/bible



Read the Bible and pray with us daily!

Bible App for Kids


bible.com/kids



Everything kids need to fall in love with God's word

Parent Cue App

theparentcue.org/app



Join the parents of Wellspring Kids, and half a million others, using the Parent Cue App to raise kids with faith and character.



wellspringfl.com/kids