

A collage of religious imagery with a red tint. It features a white dove in flight, a large crowd of people, and several individuals with their hands raised in prayer. In the background, a sign is partially visible with the text "TO MEET", "THERE IS DEATH IN", "CHRIST DIED for the SINS of", and "SEEK HIM TODAY".

7 DAYS OF PRAYER



**“SEEK THE KINGDOM
OF GOD ABOVE ALL
ELSE, AND LIVE
RIGHTEOUSLY, AND
HE WILL GIVE YOU
EVERYTHING
YOU NEED.”**

MATTHEW 6:33

As we dive into the second half of the year, we have an opportunity **to seek first the Kingdom of God and get back to what matters most.** Prayer is often the thing we struggle with the most, but it's the one thing that can make the greatest difference in our walk with God.

Prayer works.

Prayer can have a powerful impact on setting your life back on track. Prayer, simply, connects us to God.

I'm convinced most people don't enjoy prayer because they have ***never been taught how to pray.***

So over the next 7 days, we're getting ***back to the basics*** of our faith- talking and connecting with God through prayer and reading the Bible. Imagine how God wants to encourage you as you seek Him, involve Him in the details of your life and make conversation with Him a part of everyday life.

That's where this Prayer Journal can help. ***Follow along each day.***

To make your prayer time over the next 7 days even more meaningful: write out your prayers, keep a list of things you're praying for currently and even play worship music as you set aside intentional time to pray.

I can't wait to hear how prayer impacts your life!

Pastor Joey Adkins
Wellspring Community Church

PRAYER LIST

Who/what are you praying for this week?

**“DON'T WORRY ABOUT
ANYTHING; INSTEAD,
PRAY ABOUT EVERYTHING.
TELL GOD WHAT YOU NEED,
AND THANK HIM FOR ALL
HE HAS DONE.”
PHILIPPIANS 4:6**

The Lord's Prayer | Read Matthew 6

Before you tell God what you need over the next few months, humble yourself. Start praying today by proclaiming who God is and ask His will first. Then ask God for what you need today, with a heart of trust and surrender.

Ask God to check your heart and show you areas where you might need to ask for forgiveness or forgive others. Take your stand in victory and end by praising Him and declaring your faith in Him.

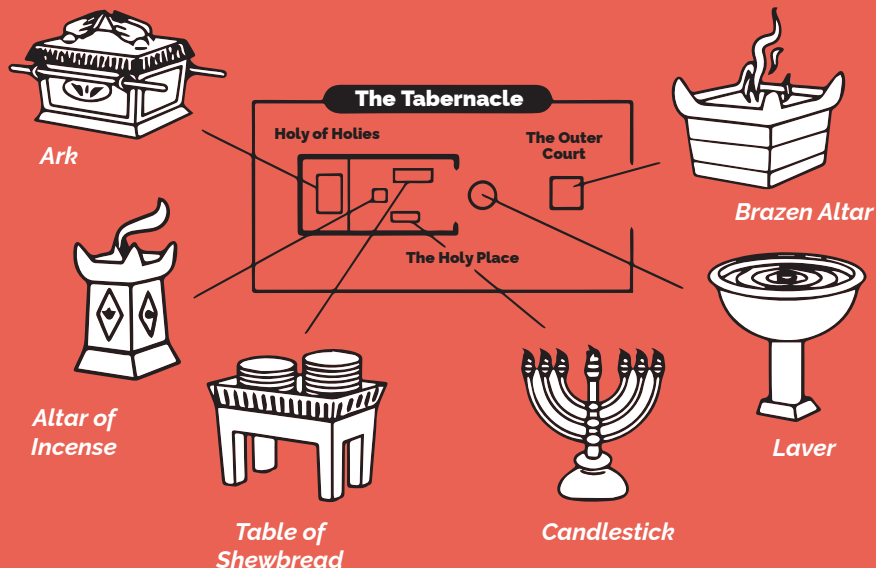
**“OUR FATHER IN HEAVEN,
HALLOWED BE YOUR NAME.
YOUR KINGDOM COME. YOUR
WILL BE DONE ON EARTH AS IT
IS IN HEAVEN. GIVE US THIS DAY
OUR DAILY BREAD. AND FORGIVE
US OUR DEBTS, AS WE FORGIVE
OUR DEBTORS. AND DO NOT
LEAD US INTO TEMPTATION, BUT
DELIVER US FROM THE EVIL ONE.
FOR YOURS IS THE KINGDOM AND
THE POWER AND THE GLORY
FOREVER. AMEN.”
MATTHEW 6:9-13**

The Tabernacle Prayer | Read Matthew 7

In the Old Testament, the Tabernacle was the dwelling place of God, built to His specifications, where He would meet His people. As they entered the Tabernacle, they passed through seven stations, following God's instructions, to experience His presence. Today, even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him.

Begin by writing about blessings in your life for which you're thankful for. Thank God for the power and healing that the cross and resurrection of Jesus gives you. Confess your sins to Him and receive complete forgiveness and a fresh start. Thank God for the Holy Spirit that lives inside of you. Read Matthew 7 then praise and worship God. End by interceding on behalf of those around you.

**“I APPEAL TO YOU THEREFORE,
BROTHERS, BY THE MERCIES OF
GOD, TO PRESENT YOUR BODIES
AS A LIVING SACRIFICE, HOLY
AND ACCEPTABLE TO GOD,
WHICH IS YOUR SPIRITUAL
WORSHIP.”
ROMANS 12:1**



Praying Scripture | 2 Chronicles 7:1-18

When we pray the promises of God, we're focusing on God's power and limitless resources rather than the problem or our own limited ability to solve it. Our Heavenly Father is bigger than any situation we'll encounter, no matter how painful or scary or uncertain it may seem in the moment. Whatever you're going through, find a verse for the situation and trust God for the result. Pray His promises and trust in His power to be revealed.

GOD'S PROMISES

COMFORT

"And we know that in all things God works for the good of those who love Him, who have been called according to His purpose."
ROMANS 8:28 NIV

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God."
2 CORINTHIANS 1:3-4 NIV

FAITH:

"Now faith is confidence in what we hope for and assurance about what we do not see." HEBREWS 11:1 NIV

"Everything is possible for one who believes."
MARK 9:23 NIV

PROVISION:

"And my God will meet all your needs according to the riches of His glory in Christ Jesus." PHILIPPIANS 4:19 NIV

"And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work." 2 CORINTHIANS 9:8 NIV

FEAR:

"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline." 2 TIMOTHY 1:7 NIV

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." ISAIAH 41:10 NIV

WORTH/IDENTITY:

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."
EPHESIANS 2:10 NIV

"I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well." PSALM 139:14 NIV

PRIDE:

"God opposes the proud but shows favor to the humble."
JAMES 4:6 NIV

"Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves..." PHILIPPIANS 2:3 NIV

VICTORY:

"The LORD will fight for you; you need only to be still."
EXODUS 14:14 NIV

"No, in all these things we are more than conquerors through Him who loved us." ROMANS 8:37 NIV

The Prayer of Jabez | Proverbs 8:1-17

Begin by asking God boldly, with the right heart, for His blessing. Not simply His physical blessing but emotional and mental as well. You do not have, because you do not ask. Pray for more influence. In humility, acknowledge your need for God's presence. Finally ask and trust the Lord to protect you.

**“JABEZ CRIED OUT TO THE GOD OF
ISRAEL, “OH, THAT YOU WOULD
BLESS ME AND ENLARGE MY
TERRITORY! LET YOUR HAND BE WITH
ME, AND KEEP ME FROM HARM SO
THAT I WILL BE FREE FROM PAIN.”
AND GOD GRANTED HIS REQUEST.”
1 CHRONICLES 4:10**

Warfare Prayers | Proverbs 8:18-36

Prayer is not only communion with God; it is also confrontation with the enemy. When Jesus was on the earth, He came face-to-face with the devil when He was tempted in the wilderness (see Matthew 4 and Luke 4), and every time the enemy tried to tempt Him, Jesus responded with a reference from the Bible. He confronted the devil with the Word of God, using the Sword of the Spirit to defend Himself. Pray whichever prayer you need most today.

THE WEAPONS OF WARFARE PRAYER

Based on 2 Corinthians 10:4-5

"Father, Your Word says that no weapon formed against me will prosper (Isaiah 54:17), and I declare it in Jesus' name. Your Word says that trouble will not arise a second time (Nahum 1:9). I declare in Jesus' name that Satan cannot make trouble for me again, like he has in the past. I declare in the name of Jesus that all of these prayers are answered and taken care of by trusting You. I stand on Your Word. The enemy is driven out from me; from my home, workplace, church family, children, and loved ones. I declare that he is not able to stand against me. No weapon formed against me will prosper, because the Spirit of the Lord is with me, protecting me. I declare these truths in the name of Jesus. Anything that comes against me or my family that is not in line with the truth and will of God, I command to bow to the powerful name of Jesus. God, I give You all of my thanksgiving, praise, glory, honor, and worship. Thank You for loving me, making me clean, and giving me purpose."

CONFESSION PRAYER

Based on Romans 10:10; James 5:16; 1 John 1:7-9, 3:8

"Lord Jesus, I confess all of my sins to You. I repent and turn away from them. I'm sorry for the wrong I have done. I confess the times I should have stepped up to do right and did nothing instead. I lay it all down at Your feet. I submit my thoughts, words, actions, and inactions to You. Thank You, God, for forgiving and making a way for me through Your Son, Jesus. Jesus, I believe that You are the Son of God. You died on the cross for my sins and rose to life again on the third day. I confess all my sins and repent. I receive Your forgiveness and ask You to cleanse me from all sin. Thank You for redeeming me, setting me free, making me holy, and giving my life purpose."

PRIDE PRAYER

Based on Proverbs 11:2, 16:18, 26:12; 1 Timothy 3:6

"Father, I come to You in the name of Jesus. I know pride only keeps me from You. I put down anything that would cause me to have pride in my heart in dealing with other people. Help me recognize where I lack knowledge and understanding. Help me to prioritize others over myself. I ask You, God, to remind me daily that true humility is not thinking less of myself, it's thinking of myself less. I humble myself before You and come to You like a child."

Psalm 23 Prayer

Pray in sequence by thanking God in advance for who He is and how He will show up in your life:

He's my shepherd (vs 1),

He's my provider (vs 1),

He's my peace (vs 2),

He's my healer (vs 3),

He's my righteousness (vs 3),

He's my friend (vs 4).

**“THE LORD IS MY SHEPHERD; I
SHALL NOT WANT. HE MAKES ME
LIE DOWN IN GREEN PASTURES. HE
LEADS ME BESIDE STILL
WATERS. HE RESTORES MY SOUL.
HE LEADS ME IN PATHS OF
RIGHTEOUSNESS FOR HIS NAME’S
SAKE. EVEN THOUGH I WALK
THROUGH THE VALLEY OF THE
SHADOW OF DEATH, I WILL FEAR
NO EVIL, FOR YOU ARE WITH ME;
YOUR ROD AND YOUR STAFF, THEY
COMFORT ME”**

PSALM 23:1-4

Psalm 23 Prayer (Continued)

Pray in sequence by thanking God in advance for who He is and how He will show up in your life:

He's my defender (vs 5),

He's my sanctifier (v 5),

He's my banner of goodness (vs 6),

He's my safe dwelling place forevermore (vs 6).

**“YOU PREPARE A TABLE BEFORE
ME IN THE PRESENCE OF MY
ENEMIES; YOU ANOINT MY HEAD
WITH OIL; MY CUP OVERFLOWS.
SURELY GOODNESS AND
MERCY SHALL FOLLOW ME ALL
THE DAYS OF MY LIFE, AND I
SHALL DWELL IN THE HOUSE OF
THE LORD FOREVER.”**

PSALM 23:5-6

**CONGRATULATIONS! YOU JUST
COMPLETED 7 DAYS OF INTENTIONALLY
SETTING YOUR FOCUS ON GOD
THROUGH PRAYER.**

**WHAT HAS GOD DONE IN YOUR LIFE
THE PAST 7 DAYS?**

**HOW HAS YOUR PERSPECTIVE SHIFTED?
IMAGINE HOW MUCH MORE IS
AVAILABLE IF YOU CONTINUE THIS
SPIRITUAL HABIT OF PRAYER IN YOUR
DAILY LIFE.**

PRAYER RESOURCES

Wellspring Bible Reading Plan
wellspringfl.com/bible

Read the Bible and pray with us daily!

Pause App
pauseapp.com

Take a pause. A simple way to connect with God in the middle of your busy day.

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